



# RTH Martial Arts & Wellness

68 North Stark Highway, Weare, NH 03281 Tel: 603-529-KICK(5425)

rthmartialartsandwellness@hotmail.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HCS Afterschool Taekwondo 3:05-3:50pm					
Little Tigers (3,4,5,6 yr old) 4:45-5:30pm		Little Tigers (3,4,5,6 yr old) 4:45-5:30pm	HMS Afterschool Taekwondo 3:00-4:35pm	Essentrics 5-6pm	Zumba 9:15-10:15am
Junior Level I Taekwondo 14 y/o or younger 5:30-6:30pm	All Levels All Ages Taekwondo 6:00-7:00pm	Junior Level I Taekwondo 14 y/o or younger 5:30-6:30pm	All Belt Taekwondo 6:00-7:00pm	Ecstatic Dance 3rd Friday of the Month 7:15-9:15pm	
R.I.P.P.E.D. 5:45-6:45pm		Zumba/ Dance Fitness 5:45-6:45pm	BARRE 6:00-7:00pm	Zumba Gold 6:00-7:00pm	
Hapkido 6:35-7:35pm			Hapkido 6:00-8:00pm	Rank Promotion 5:30-7:00pm (held 1x a month)	

### Martial Arts Prices

1x a week Taekwondo or Hapkido Training \$65 a month  
 2x a week Taekwondo Training \$85 a month  
 3x a week Taekwondo Training \$99 a month  
 \$20 a class drop in rate

Schedule effective from May 2019

& subject to change without notice

<http://rthwellness.com>

### Wellness Class Prices

1 class \$10 drop in rate  
 5 class pass \$45 a month  
 10 class pass \$80 a month  
 Unlimited Class Pass \$99 a month